



# Governor's Commission for a Drug Free Indiana LaPorte County Local Coordinating Council

LaPorte County Drug Free Partnership

VOLUME 1, ISSUE 3

SEPTEMBER/OCTOBER 2009



As we continue to work through the Strategic Prevention Framework State Incentive Grant (SPFSIG) process, several of our team members are benefiting from advanced professional training to help strengthen our local efforts. In August, program directors Ameenah Pasha and Joseph Bunch, along with Youth Making Moves Advisor LeAnn Sale and six students traveled to Louisville for a CADCA conference. CADCA stands for Community Anti-Drug Coalitions of America, and it offers technical assistance and support for community coalitions such as the Drug Free Partnership.

See SPF on back

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## Together We Learn Together We Heal

### Addiction & Awareness Recovery Fair

The community is welcome to join the Drug Free Partnership and a variety of community experts as they share their expertise at an Addiction and Awareness Recovery Fair on Saturday, September 26 from 10 am to 3 pm in Marquette Mall, outside the JC Penney entrance.

The event ties into National Alcohol and Drug Addiction Recovery Month, an initiative of the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment. This will be the 20th observance of this special month.

The local fair aims to promote the societal benefits of alcohol and drug use disorder treatment, laud the contributions of treatment providers, promote the message that recovery from alcohol and drug disorders in all its forms is possible, and let community members know what local resources are available to them and their families.

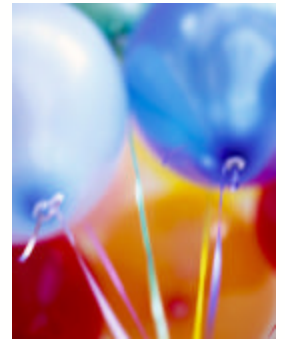
In addition to informational vendors, there will be two panel discussions with experts from our community and Chicago. The first panel will be from 11 am to noon.

"Facts about Drugs and Alcohol Addiction" will feature Charles F. Motley MD, Thomas Stockstill from Swanson Center, Beverly Mack Martin from Images, and Bennett Nott from Samaritan Center.

The second panel will be held from 1-2 pm on the topic: "Learn More about the Recovery Process," with speakers Jan Reisch - LCSW, CEAP, SAP, Judge Kathleen Lang, Bennett Nott, and Beverly Mack Martin. An educational puppet show for children will be offered throughout the day by Joyful Noise.

So please come and:

- Learn more about Prevention, Addiction, and Recovery resources in your community.



- Meet and speak with professionals about these issues and visit the various display booths.
- Find out what to do if you suspect that your child, family member, or a friend is using or abusing drugs or alcohol.
- Find out what parents need to know about drugs, alcohol, and their children.

Join the voices of recovery, and help us to continue to grow in our efforts to improve the lives of individuals and their families affected by alcohol and drug use disorders! Together We Learn, Together We Heal.



Persons who would like to receive a copy of the county's epidemiological report of drug, alcohol and tobacco use in LaPorte County may contact Associate Coordinator Sandy Gleim at [sandy@laportecounty.net](mailto:sandy@laportecounty.net). Limited copies of the executive summary are available in print form, while the full epi, the summary, and 11 localized fact sheets are provided on CD. All materials also may be shared by email. To set up a brief group presentation on the results of the county report, please contact Ameenah Pasha at [apas9822@gmail.com](mailto:apas9822@gmail.com)



## LaPorte County Drug Free Partnership

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**Our Mission:** To bring together representatives, organizations, and agencies both public and private, who seek to provide optimal resources for the combating of alcohol and other drug abuse in LaPorte County. We do this by formulating a countywide comprehensive plan, while evaluating and restructuring to insure its goals are met, and by funding proposed projects and programs by awarding grants from the local portion of the Drug Free Community Fund.

Low-cost drug and alcohol breath tests available to parents at LaPorte and Michigan City Health Dept. Offices on Fridays; and at Juvenile Services Center and Wanatah Public School daily.

### PARTNERSHIP MEETINGS

The meetings begin at noon on the first Wednesday of each month, alternating between the 7th floor conference room in the Swanson Center / Marquette Mall Office Building in Michigan City, and the LaPorte First Methodist Church, 1225 Michigan Ave, LaPorte.

## SPF (continued from front)

The National Youth Leadership Initiative (NYLI) is a component of the National Coalition Academy developed by CADCA. The group attended the NYLI conference to help our coalition build capacity to foster youth leadership in the design, implementation and evaluation of action strategies addressing community problems.

Ameenah and Joseph were joined by SPFSIG administrative assistant Cara Logan at the February CADCA national conference in Washington, DC. In addition to hearing key leaders, attendees sharpened their skills and learned new strategies at the more than 100 workshops at the Forum, which touched on a wide range of topics - from environmental strategies to reduce underage drinking and prescription drug abuse to how to apply scientific research to community practices.

In September, the three traveled to Anaheim, California for the National Prevention Network Research conference - "Prevention Research: Striking Gold." Presentations focused on Underage Drinking, Prescription Drugs, Social Marketing, Public Policy, Frontier/Rural, Cultural/Ethnicity, and Alcohol Industry Advertising.

With all of this professional expertise imparted, the Drug Free team can draw from new skills and knowledge as it pursues its strategic plan to combat drug, alcohol, and tobacco use in LaPorte County.



According to The U.S. Department of Labor, 75% of the nation's current illegal drug users are employed - and 3.1 percent say they have actually used illegal drugs before or during work hours. Additionally, 79% of the nation's heavy alcohol users are employed - and 7.1 percent say they have actually consumed alcohol during the workday.

*Drug-Free Work Week* is a dedicated time each year to highlight these concerns and promote the benefits that drug-free workplace programs bring to employers, workers and communities. And, it's a time to work toward making every week a drug-free work week! Again this year, The LaPorte County Coalition for a Drug-Free Workplace will sponsor programs and activities that reinforce the importance of working drug-free. Mark your calendar and plan your campaign for 2009 - Drug-Free Work Week is October 19 -25. For information and resources contact Allison Goshorn, Purdue Extension, LaPorte County, 219-324-9407 or [agoshorn@purdue.edu](mailto:agoshorn@purdue.edu) or visit the one of these websites: The U.S. Department of Labor at <http://www.dol.gov/asp/programs/drugs/workingpartners/wpdrug-free.asp> or The Substance Abuse and Mental Health Services Administration at <http://www.workplace.samhsa.gov/WPWorkit/index.html>

### CHECK IT OUT ONLINE...

There are many helpful web sites providing important information on drug, alcohol, and tobacco issues. Check out:  
[www.drugs.indiana.edu](http://www.drugs.indiana.edu) from the Indiana Prevention Resource Center  
[www.drugabuse.gov](http://www.drugabuse.gov) - National Institute on Drug Abuse  
[www.health.org](http://www.health.org) - US Department of Health and Human Services  
SAMHSA National Clearinghouse for alcohol and drug info  
[www.recoverymonth.gov](http://www.recoverymonth.gov) - National Alcohol and Drug Addiction Recovery Month web site  
[www.whitelies.tv](http://www.whitelies.tv) - Indiana Tobacco Prevention & Cessation  
[www.indianatobaccoquitline.net](http://www.indianatobaccoquitline.net) - free state quitline, offering two free weeks of nicotine patches or gum. Or call 1-800-QUITNOW to register